15

Bel. 1622.

A

New Almanacke and Prognostication, serving for the yeare of our Lord God, M.DC.XXII.

Being the second after Leape-yeare.

Composed and calculated especially according to the situation of the Citie of Norwich, yet with small errour may serue for all England.

By *George Bell* student in Mathematicks, and Practitioner in Physicke.

Astra Deo cedũt, precibꝰ Deus ipse piorũ:
Astra valẽt aliquid, plus pia vota valẽt

LONDON,
Printed for the Company of Stationers.

A Compendious Table of the most memorable accidents which haue hapned from the beginning of the world vntill this present yeare.

	yeares
From the Creation of the world vntill the generall Deluge, or Noahs Flood,	1658
From Noahs Flood to the Incarnation of Christ,	2304
From the birth of Christ vntill this present yeare,	1622
So that from the worlds Creation vntill this present yeare, are	5584
But according to the Iewes accompt,	5381
Since the first Easter, or Passeouer of the Iewes, or their Departure out of Egypt,	3131
Since that Mahomet an Arabian out of Iudaisme and Christianisme reared vp Turcisme,	997
Since the Destruction of Troy by the Grekes,	2805
Since the building of Salomons Temple,	2645
Since the building of the Citie of Rome,	2370
Since the vtter Destruction of Ierusalem by Titus Vespasian,	1538
Since that Barth. Schwarts a Monke inuented the vse of Gun-powder and Gunnes,	242
Since that the Art of Printing was first found out in Europe by Iohn Faustus,	162
For the Chinans say they knew it long before, as also the vse of Gunnes.	
Since the generall Earthquake in England,	42
Since the Spanish Armado was sent into England: or Tilbury Campe,	34
Since the great Frost,	14
Since the great Snow,	6
Since the last Blazing Starre,	4
Since his Maiesties Coronation in Scotl: July 29.	55
Since his happy comming to London, May 7. and the beginning of his reigne ouer Engl: March 24	19

A perfect Table for the beginning and ending of euery Tearme, with their Returnes.

Hilary Tearme beginneth the 23. of January, and endeth the 12. of Febꝛuary.	hath 4 returnes	Octab. Hillar.	Jan. 21.
		Quind. Hillar.	Jan. 28.
		Craſt. Purif.	Febꝛ. 4.
		Octab. Purif.	Febꝛ. 9.
Eaſter Tearme beginneth the 8. of May, & endeth the 3. of June.	hath 5. returnes	Quind. Paſch.	May 6.
		Tres Paſch.	May 13.
		Menſe Paſch.	May 20.
		Quinq; Paſch.	May 27.
		Craſt. Aſcenſ.	May 31.
Trinitie Tearme beginneth the 21. of June, and endeth the 10. of July.	hath 4. returnes	Craſt. Trin.	June 17.
		Octab. Trin.	June 24.
		Quind. Trin.	July 1.
		Tres Trin.	July 8.
Michaelmas Terme beginneth the 9. day of October and endeth the 28. of November.	hath 8. returnes.	Octab. Mich.	Octob. 7.
		Quind. Mich.	Octo. 14
		Tres Mich:	Octob. 21.
		Menſe Mich.	Octob. 28.
		Craſt. Anima.	Nou. 4.
		Craſt. Martin.	Nou. 12.
		Octabis Mar.	Nou. 18.
		Quind. Marti.	Nou. 25.

Note The Exchequer openeth 8. dayes before any Terme begin, except Trinitie Terme, in which it openeth but 4. dayes before.

Cambꝛidge Commencement is vpon the firſt day of July.
The Acſpers vpon the 29. of June.
Oxford Act is vpon the 9. day of July. Their Acſpers vpon the 6. of July.

The Anatomy of mans body, as the parts thereof are gouerned according to the Moones influence, vnder each of the twelue Signes of the Zodiacke: with their infirmities, &c.

♉ Taurus the necke & throat: scrophule, quinsie & Melanch.

♈ Aries the whole head baldnes, tooth-ache, epilepsie, apoplexie, &c.

♊ Gemini the armes, holders: ache caused by blood.

♋ Cancer brest spleen, cough, stomacke, & the pleurisie.

♌ Leo hart & back: sadnes, apostume, pestilence.

♍ Virgo belly & bowels: black choler.

♎ Libra reins loines: bloudy fluxe, strangury.

♏ Scorpio pilles: fistulaes, emroids, cáker.

♐ Sagitarius thighs: and pustules.

♑ Capricornus knees: itching, red spots, leprie.

♓ Pisces the feet, palsie, and gout.

♒ Aquar. legs Icteritia nigra, fractures.

A Note of the moueable Feasts, according to the

English Accompt.			Beyond Sea Accompt.
8	The Golden number		8
28	The Epact.		18
	The Dominical letter.		
March 6	Ashwednesday.		February 9
April 21	Easter day		March 27
May 30	Ascension day.		May 5
June 9	Whitsunday.		May 15
December 1	Aduent Sunday.		November 27

January hath xxxi. daies.

1 Day		Sunne riseth at 8. and 7 min. It setteth at 3. and 53. min.	16 day	Sunne riseth at 7. and 47. min. It setteth at 4. and 13 min.	Gregorian, or New accōpt.	
1	a		Cap. 18	● New moon	11	d
2	b	Octa. Steph.	Aqu. 1	the first day,	12	e
3	c	Octa. John.	Aqu 13	5. min. past	13	f
4	d	Oct. Innocēt.	Aqu. 25	5 a clocke in	14	g
5	e	Dep. of Edw.	Pisc. 7	the afternoone	15	a
6	f		Pis. 19	being Tuesday	16	B
7	g	Felix & Jan.	Aries 2		17	c
8	a	Lucian.	Arie. 13		18	d
9	b	Agap. virg.	Arie. 26	First quar.	19	e
10	c		Tau 8	the 9. day be-	20	f
11	d	Linus mart.	Tau 20	ing Wednes-	21	g
12	e	Archad. mart.	Gem 3	day 11. min.	22	a
13	f	Hillary bish.	Gem 16	before 6. in	23	B
14	g	Felix Priest.	Gem 29	the afternoone	24	c
15	a	Maurice.	Can. 12		25	d
16	b	Marcellus.	Can. 26		26	e
17	c	Anthon. depos.	Leo 10	Full moone	27	f
18	d	Prisca virgin.	Leo. 24	the 17. day be-	28	g
19	e	Wolstan bish.	Vir. 9	ing Thursday,	29	a
20	f	2 Sund. aft. Epi.	Vir. 23	at 7. in the	30	B
21	g	Agnes virgin.	Lib. 8	morning.	31	c
22	a	Vincent mar.	Lib. 22		1	d
23	b		Scor 7	☾ Last quarter	2	e
24	c	Timotheus.	Sco. 21	the 23. day 3.	3	f
25	d	Conu. of Paul.	Sag. 5	min before 10	4	g
26	e	Policarp. bish.	Sag 19	at night.	5	a
27	f	3 Sun. af. Epiph	Cap. 2		6	B
28	g	Valerius bish.	Cap. 15	● New moon	7	c
29	a	Theodore.	Cap. 27	the last day, 22	8	d
30	b	Batilde.	Aqu. 10	min. past 9. in	9	e
31	c	Saturnine.	Aqu. 22	the morning.	10	f

February hath xxviii. dayes.

1 Day	Sonne riseth at 7. and 23. min. It setteth at 4. and 37. minutes.		28 Day	Sonne riseth at 6. and 51. min. It setteth at 5. and 9. min.		Gregorian, or New accópt.	
1	d	Bridget. Fast	Pis. 4			11	g
2	e	Purif. Mary	Pis. 16			12	a
3	f	4 Sund. af. Epi.	Ari. 1			13	b
4	g	Gilbert.	Ari. 15			14	c
5	a	Agathe virg.	Ari. 26			15	d
6	b	Amand. Bish.	Tau. 7			16	e
7	c	Dorothie virg	Tau. 23	☽ First quar.		17	f
8	d	Paul Bishop.	Gem. 3	the 8 day being Friday, 25		18	g
9	e	Sol in Pisces.	Gem. 17	min. before 2.		19	a
10	f	5 Sund. aft. Epi.	Gem. 29	after noone.		20	b
11	g	Euphrosina	Can. 8			21	c
12	a	Terme ends.	Can. 22			22	d
13	b	Wolfran Bish	Leo. 7			23	e
14	c	Valentine.	Leo. 20			24	f
15	d	Faustine.	Vir. 4	● Full Moon		25	g
16	e	Julian bish.	Vir. 18	the 15 day, being Friday, 47		26	a
17	f	Septuagesima.	Lib. 3	min. before 5.		27	b
18	g	Concordia vir.	Lib. 17	afternoone.		28	c
19	a	Simeon.	Sco. 2			Mar. 1	d
20	b	Wildred virg.	Sco. 17			2	e
21	c	Ix. martyrs.	Sag. 1			3	f
22	d	Cathed Pet:	Sag. 15	☾ Last quart.		4	g
23	e	Polycarp Fast	Sag. 29	the 22. day being		5	a
24	f	Mathias Ap.	Cap. 12	Friday, 22.		6	b
25	g	Invent. Paul.	Cap. 25	min. before 8.		7	c
26	a	Nestor mart:	Aqu. 7	in the morning		8	d
27	b	August. Bish.	Aqu. 19			9	e
28	c	Oswalde.	Pisc. 1			10	f

1 Day Sunne riseth at 6. and 22 min. And setteth at 5. and 38 min.			16 Day Sunne riseth at 5 and 46. min. It setteth at 6. and 14. min.		Gregorian, or New accopt.	
1	d	Dauid bish.	Pis. 13		11	g
2	e	Chas bish.	Pis. 25	● New Moon	12	a
3	F	Quinquages.	Aries 6	the 2 day, be-	13	B
4	g	Adrian mart.	Arie. 18	ing Saturday,	14	c
5	a	Eusebius.	Arie. 30	23. min. past 3	15	d
6	b	Victorinus.	Tau. 12	in the morning	16	e
7	c	Perpetue.	Tau. 24		17	f
8	d	Felix deposed.	Gem. 6	☽ First quart.	18	g
9	e	40 martyrs	Gem 19	the 10 day, be-	19	a
10	F	1 Sund. in Lent	Can. 1	ing Sunday,	20	B
11	g	Sol in Aries.	Can. 15	26. min. past 6	21	c
12	a	Gregory Bish.	Can. 28	in the morning	22	d
13	b	Edbert Fast.	Leo 13		23	e
14	c	Candidus.	Leo 27	● Full moone	24	f
15	d	Longius Mar.	Vir. 11	the 17 day be-	25	g
16	e	Gertude.	Vir. 26	ing Sunday, 4	26	a
17	F	2. Sund. in Lent.	Lib. 11	min. past 2 in	27	B
18	g	Edward conf.	Lib. 26	the morning.	28	c
19	a	Joseph marius.	Sco. 11		29	d
20	b	Cuthbert.	Sco. 26	(Last quart.	30	e
21	c	Benedict.	Sag 10	the 23. being	31	f
22	d	Afrodoso.	Sag. 24	Saturday 17.	April	g
23	e	Theodor.	Cap. 8	min. before 8.	2	a
24	F	Init. Reg. Iac.	Cap. 21	at night.	3	B
25	g	Annun. of Mar.	Aqua. 4		4	c
26	a	Castor mart.	Aqu. 16	● New moon	5	d
27	b	Mattian.	Aqu 28	♄ 31 day being	6	e
28	c	Dorothy virg.	Pis. 10	Sund. 2. min.	7	f
29	d	Quintinus.	Pis 22	before 9. at	8	g
30	e	Quirine.	Aries 4	night.	9	a
31	F	4. Sun. in Lent.	Arie 16		10	B

Aprill hath xxx. dayes.

1 Day.	Sunne riseth at 5. and 19. min. It setteth at 6. and 41. minutes.	16. day.	Sunne riseth at 4. and 45. min. It setteth at 7. and 15. min.	Gregorian, or New accopt.

1	g	Theodor. virg	Ari. 27			11	c
2	a	Mary Egypt.	Tau. 9			12	d
3	b	Richard Bish.	Tau. 21			13	e
4	c	Ambrose.	Gem. 3			14	f
5	d	Martian.	Gem 15	☽	First quart.	15	g
6	e	Sextus mart.	Gem 27		the 8. day be-	16	a
7	f	5 Sun. in Lent.	Can 10		ing Munday,	17	B
8	g	Egesip.	Can. 23		7. min. after 7.	18	c
9	a	Perpetuus.	Leo 7		at night.	19	d
10	b	Solin Taur.	Leo 21			20	e
11	c	7 Virgins.	Vir. 5			21	f
12	d	Guthlake.	Vir. 20	●	Full Moon	22	g
13	e	Justus bish.	Lib. 5		the 15. day be-	23	a
14	f	Palme Sund.	Lib. 20		ing Munday,	24	B
15	g	Leonard.	Sco. 5		17 min before	25	c
16	a	Jsidore.	Sco. 20		11. in the fore-	26	d
17	b	Osmund.	Sag. 5		noone.	27	e
18	c	Anthemius.	Sag. 19			28	f
19	d	Alphage mart.	Cap. 3			29	g
20	e	Victor mart.	Cap. 16	☾	Last quart.	30	a
21	f	Easter day.	Cap. 29		the 22. day be-	May. 1	B
22	g	Sother.	Aqu. 12		ing Munday,	2	c
23	a	St. George.	Aqu. 25		29. min. after	3	d
24	b	Wilfride bish.	Pis. 7		9. in the morn.	4	e
25	c	Marke Euan.	Pis. 29			5	f
26	d	Cletus	Arie. 1	●	New moon	6	g
27	e	Anastatius.	Arie. 13		the 30 day be-	7	a
28	f	Low Sunday.	Arie. 25		ing Tuesday,	8	B
29	g	Pet. of Pol.	Tau. 7		19. min. past 1	9	c
30	a	Erkenwalde.	Tau. 18		afternoone.	10	d

1 Day	Sunne riseth at 4. and 18. min. It setteth at 7. and 42. min.	16 day	Sunne riseth at 3. and 53. min. It setteth at 8. and 7. min.	Gregorian, or New accopt.

1	b	Phil & Jacob	Gemi. 1			11	e
2	c	Athanasius.	Gem. 12			12	f
3	d	Inuent. Crosse	Gem. 24			13	g
4	e	Christopher.	Can. 7			14	a
5	f	2 Sund aft. East	Can. 20	☽	First quar.	15	b
6	g	John port lat.	Leo 3		the 8. day be=	16	c
7	a	John of Beu.	Leo 16		ing Wednes=	17	d
8	b	Terme begin	Vir. 1		day, 27 min.	18	e
9	c	Trans. Nicho.	Vir. 15		past 3. in the	19	f
10	d	Gordian.	Vir. 29		morning.	20	g
11	e	Sol in Gemini	Libr. 14			21	a
12	f	3 Sun af. Easter	Libr. 29	○	Full moone	22	b
13	g	Bonifac.	Sco. 14		the 14. day be=	23	c
14	a	Gervasius.	Sco. 28		ing Tuesday,	24	d
15	b	Isodor.	Sag. 13		a little before	25	e
16	c	Brandon.	Sag. 27		7. a clock at	26	f
17	d	Trans. of Bar.	Cap. 11		night.	27	g
18	e	Ethelbright	Cap. 24			28	a
19	f	4 Sund. af. East.	Aqua. 7			29	b
20	g	Barnardine.	Aqu. 20	☾	Last quarter	30	c
21	a	Helene Queen	Pis. 3		the 22. day be=	31	d
22	b	Julian virg.	Pis. 15		ing Wednes=	1	e
23	c	Francis	Pis. 27		day, 21 min.	Iun. 2	f
24	d	Aug. a Cant.	Ari. 9		after one in	3	g
25	e	Beda Priest	Arie. 21		the morning.	4	a
26	f	Rogation day	Tau. 3			5	b
27	g	Germane bish.	Tau. 15			6	c
28	a	Theodota mar	Tau. 27	●	New moone	7	d
29	b	Felix.	Gem. 9		the 30. day be=	8	e
30	c		Gem. 22		ing Thursday,	9	f
31	d	Ascension day	Can. 4		at 1. morning.	10	g

1 Day	Sunne riseth at 3. and 39 min. Ir setteth at 8. and 21. min.	16 Day	Sunne riseth at 3. and 40. min. It setteth at 8. and 20 min.	Gregorian, or New accopt.

1	e	Nichomede.	Can 17			11	a
2	f	6. Sun. af. East.	Can. 30			12	b
3	g	Terme ends.	Leo. 13			13	c
4	a	Erasmus.	Leo. 27			14	d
5	b	Petronius.	Vir. 10	☽ First quart.		15	e
6	c	Bonifate mrr.	Vir. 25	the 6. day being Thursday,		16	f
7	d	William conf.	Lib. 9	13. min. before		17	g
8	e	Medard	Lib 24	11. in the forenoone.		18	a
9	f	Whitsunday.	Sco. 8			19	b
10	g	Sol in Canc.	Sco. 23			20	c
11	a	Innocent.	Sag. 7			21	d
12	b	Ember Fast.	Sag. 22	● Full moone		22	e
13	c	Anthony.	Cap. 5	the 13 day, being Thursday,		23	f
14	d	Basil Bishop.	Cap 19	12. min. past 3.		24	g
15	e	Transl. Rich.	Aqu. 2	in the morn.		25	a
16	f	Trinitie Sun.	Aqu. 15			26	b
17	g	Botulph.	Pisc 1			27	c
18	a	Marcelline.	Pisc. 15	☾ Last quart.		28	d
19	b	Nat. K. James.	Pisc. 27	the 20 day being Thursday,		29	e
20	c	Corpus Christi	Arie. 6	27. min. before		30	f
21	d	Terme begins	Arie. 18	4 in the afternoone.		Iuly 1	g
22	e	Alban	Arie. 30			2	a
23	f	1 Sun. af. Trin.	Tau. 12			3	b
24	g	Ioyn Baptist	Tau. 24			4	c
25	a	Petronil.	Gem 6	● New moon		5	d
26	b	Iohn & Paul.	Gem 18	the 28. day being Friday, 25		6	e
27	c	Crescentius.	Can. 1	min. before 4.		7	f
28	d	Leo bish.	Can. 13	in the afternoone.		8	g
29	e	S Peter Ap.	Can. 26			9	a
30	f	2 Sun. af. trin.	Leo 10			10	b

1 Day	Sunne riseth at 3. and 47 min. It setteth at 8. and 13. min.	16 Day	Sunne riseth at 4. and 6. min. It setteth at 7. and 54 min.	Gregorian, or New accopt.
1	g Theobaldus.	Leo 23		11 c
2	a Visit. of Mar.	Vir. 7		12 d
3	b Tran. Tho. ap	Vir. 21		13 e
4	c Tran. of Mar.	Lib. 6		14 f
5	d Zoe Virgin.	Lib. 26	☽ First quar.	15 g
6	e Transl. Wolf.	Sco. 5	the 5 day being	16 a
7	F 3 Sun. af. Trin.	Sco. 19	Friday 8. min.	17 b
8	g Dep. of Grim.	Sag. 3	before 3 in the	18 c
9	a Cyrill Bish.	Sag. 17	after noone.	19 d
10	b Tearms ends	Cap. 1		20 e
11	c Tran. of Ben.	Cap. 15		21 f
12	d Nabor & Fel.	Cap. 28	○ Full moone	22 g
13	e Solim Leo.	Aqu. 11	the 12. day be-	23 a
14	F 4 Sun af. Trin.	Aqu. 23	ing Friday, 19	24 b
15	g Tr. of Swith.	Pis. 6	minut. before 2	25 c
16	a Osmund.	Pis. 18	after noone.	26 d
17	b Kenelme King	Ari. 1		27 e
18	c Arnulphus.	Ari. 13		28 f
19	d Dog day. beg.	Ari. 25	☾ Last quart.	29 g
20	e Margaret.	Tau. 7	the 20. day be-	30 a
21	F 5 Sun. af. Trin.	Tau. 19	ing Saturday,	31 b
22	g Mary Magd.	Gem. 1	8 minut. before	Aug. c
23	a Apoline. bish.	Gem 14	11. in the fore-	2 d
24	b Fra	Gem 26	noone.	3 e
25	c S. James Ap.	Can. 9		4 f
26	d Anna mat. Ma	Can 22		5 g
27	e 7 Sleepers.	Leo 5	● New moon	6 a
28	F 6 Sund. aft. trin.	Leo 19	the 28. day be-	7 b
29	g Init. Reg. Sco.	Vir. 3	ing Sunday,	8 c
30	a Abdon	Vir. 17	10 min. past 2	9 d
31	b Germanus.	Lib. 1	in the morning	10 e

August hath xxxi. daies.

1 Day		Sunne riseth at 4. and 31. min. It setteth at 7 and 29. minutes.	16 day	Sunne riseth at 5 and 0. min. It setteth at 4. and 0. min.	Gregorian, or New accōpt.	
1	e	Lammas day.	Libr. 16		11	f
2	d	Stephanus.	Libr 30		12	g
3	e	Inuent. Step.	Sco. 15	First quart.	13	a
4	F	7. Sund. aft. trin.	Sco. 30	the 3 day be-	14	B
5	g	Gowries cons.	Sag. 14	ing Saturday,	15	c
6	a	Trans. Christ.	Sag. 28	12. min. before	16	d
7	b	Festum Jesu.	Cap. 11	8. at night.	17	e
8	c	Ciriacus.	Cap. 24		18	f
9	d	Romanus.	Aqu. 7		19	g
10	e	Lawrence mar	Aqu. 20		20	a
11	F	8 Sun. af. trin.	Pisc. 2	Full Moon	21	B
12	g	Clare virg.	Pisc. 14	the 11. day be-	22	c
13	a	Sol in Virgo.	Pisc. 27	ing Sunday,	23	d
14	b	Eusebius.	Arie. 8	53. min. past	24	e
15	c	Assumpt. Mar.	Arie. 20	one in the mor	25	f
16	d	Rochus Conf.	Tau. 2	ning.	26	g
17	e	Oct. Lawrence	Tau. 14		27	a
18	F	9. Sun. af. trin.	Tau. 27		28	B
19	g	Magnus Mar	Gem. 9		29	c
20	a	Barnard.	Gem 21	☾ Last quar.	30	d
21	b	Primasius.	Cant. 4	the 19. day be-	31	e
22	c	Oct. Assump.	Can. 17	ing Wund. 10	Sept. 1	f
23	d	Timothy Fast	Leo 1	min. past 4. in	2	g
24	e	Bartholomew Apost	Leo 14	the morning.	3	a
25	F	10. Sun aft. trin	Leo 28		4	B
26	g	Seuerinus.	Vir. 12		5	c
27	a	Dog daies end	Vir. 26		6	d
28	b	Augustine.	Libr. 11	● New moone	7	e
29	c	Decol. Joh. ba.	Libr 26	the 26 day a	8	f
30	d	Felix & Andr.	Sco. 11	quarter before	9	g
31	e	Cuthburga vir	Sco. 27	high noone.	10	a

September hath xxx daies.

1 Day	Sunne riseth at 5. and 35 min. Itsetteth at 6. and 25. min.	16 Day	Sunne riseth at 6. and 6. min. Itsetteth at 5. and 54. min.	Gregorian, or New accõpt.
1	F 11. sun. af. trin.	Sag. 10		11 k
2	g Anthony.	Sag. 24	☽ First quart	12 c
3	a Gregory.	Cap. 8	the 2. day be-	13 d
4	b Transl. of Cut.	Cap. 21	ing Munday,	14 e
5	c Bertine.	Aqu. 4	quarter past 2.	15 f
6	d Eugenius.	Aqu. 17	in the morning	16 g
7	e Nat. of Mar.	Aqu. 29		17 a
8	F 12 Sun aft. trin	Pis. 12		18 B
9	g Gorgonius.	Pis. 24	○ Full moone	19 c
10	a Silvius mart.	Arie. 5	the 9. day be-	20 d
11	b Proth. & Jac.	Ari. 17	ing munday,	21 e
12	c Wilfride.	Arie 29	23. min. before	22 f
13	d Sol in Libra.	Tau. 11	5. in the after-	23 g
14	e Holy Crosse.	Tau. 23	noone.	24 a
15	F 13. Sun. af. trin.	Gem. 5		25 B
16	g Edith.	Gem 17		26 c
17	a Lambart.	Gem 29	☾ Last quar.	27 d
18	b Ember fast.	Can. 12	the 17. day be-	28 e
19	c Januarius.	Can. 25	ing Tuesday,	29 f
20	d Eustace. Fast	Leo 8	4. min. before	30 g
21	e Mathew Apo	Leo 22	9. at night	Oct. 1 a
22	F 14 sun. aft. trin.	Vir. 6		2 B
23	g Tecla Virg.	Vir. 21		3 c
24	a Andoch.	Lib. 5	● New moon	4 d
25	b Firminus.	Lib. 20	the 24. day be-	5 e
26	c Cipian.	Sco. 5	ing Tuesday,	6 f
27	d Cosm. & Dam.	Sco. 20	12. min before	7 g
28	e Exuper.	Sag. 5	9. at night	8 a
29	f Michael Arch.	Sag 19		9 B
30	g Hierom priest.	Cap. 3		10 c

1 day	Sunne riseth at 6. and 38. min. It setteth at 5 and 22 minutes.	16 day	Sunne riseth at 7 and 9. min. It setteth at 4. and 51. min.	Gregorian, or New accopt.
1 a	Remigius bish.	Cap. 17	☽ First quar.	11 d
2 b	Leodegarus.	Aqu. 1	the first day,	12 e
3 c	Candidus.	Aqu. 14	being Tuesday	13 f
4 d	Francis.	Aqu. 26	12. minut. be-	14 g
5 e	Apollinaris.	Pis. 9	foze high noon	15 a
6 f	16 Sun. af. trin.	Pis. 21		16 B
7 g	Marc & Mar.	Arie. 3		17 c
8 a	Pelagius	Arie. 15	● Full moone	18 d
9 b	Terme begins	Arie. 26	the 9. day being	19 e
10 c	Gereon mart.	Tau. 8	Wednesday,	20 f
11 d	Michaelus.	Tau. 20	17. min before	21 g
12 e	Sol in Scorp.	Gem. 1	10. in the mor-	22 a
13 f	17 Sun. aft. trin	Gem 13	ning.	23 B
14 g	Calixt.	Gem 25		24 c
15 a	Wolfraine.	Can. 8	☾ Last quart.	25 d
16 b	Mich. of moun.	Can. 20	the 17 day,	26 e
17 c	Florentinus.	Leo. 3	being Thursd.	27 f
18 d	Luke Euang.	Leo. 17	at high noone.	28 g
19 e	Frideswide.	Vir. 1		29 a
20 f	18 Sun. af. trin.	Vir. 14	● New moon	30 B
21 g	11 Martyrs	Vir. 29	the. 24 day be	31 c
22 a	Mary Salom.	Lib. 14	ing Thursday,	Nov. 1 d
23 b	Romanus	Lib. 29	3 min. after	2 e
24 c	Maglory.	Sco. 14	6 in the mor-	3 f
25 d	Crisc & Crisp.	Sco. 29	ning.	4 g
26 e	Capitol. Fast.	Sag 13		5 a
27 f	19. Sun. af. trin.	Sag. 28	☽ First quar-	6 B
28 g	Simon & Jude	Cap. 12	ter the last day	7 c
29 a	Narcissus.	Cap. 26	a quarter past	8 d
30 b	Germanus.	Aqu. 10	1. in the mor-	9 e
31 c	Quintin. Fast.	Aqu. 23	ning.	10 f

1 Day	Sunne riseth at 7. and 39 min. It setteth at 4. and 21. min.	16 day	Sunne riseth at 8 and 4. min. It setteth at 3. and 56. min.	Gregorian, or New accopt.
1	D All Saints.	Pisc. 5		11 g
2	e All-Soules	Pis. 18		12 a
3	F 20 Sun. af. trin.	Arie. 1		13 B
4	g Amantius.	Arie. 13		14 c
5	a Papists consp.	Arie. 25		15 d
6	b Leonard	Tau. 6	● Full moone	16 e
7	c Willibrode ar.	Tau. 19	the 8. day, be-	17 f
8	d 4 Crowned.	Gem. 1	ing Friday, 4.	18 g
9	e Theodore.	Gem 14	min. after 4. in	19 a
10	F 21. Sun. af. trin.	Gem 26	the morning.	20 B
11	g Justus bish.	Can. 5		21 c
12	a Sol in Sagitar.	Can. 17	(Last quar.	22 d
13	b Brice bish.	Can. 30	the 16. day be-	23 e
14	c Transl. Erken.	Leo. 12	ing Saturday,	24 f
15	d Machute arch.	Leo. 26	19. min. before	25 g
16	e Edmund	Vir. 9	1 in the morn-	26 a
17	F 22 Sun. aft. trin.	Vir. 23	ning.	27 B
18	g Oct of Mart.	Lib. 8		28 c
19	a Nat. Pr. Charl.	Lib. 22	● New moon	29 d
20	b Edmund King	Sco. 7	the 22. day,	30 e
21	c Pres. of Mary.	Sco. 22	being Friday	Dec. 1 f
22	d Cicelly virg.	Sag. 7	about 5. at	2 g
23	e Clement mart.	Sag. 22	night.	3 a
24	F 23. Sun. af. trin.	Cap. 6		4 B
25	g Katharen virg.	Cap. 20		5 c
26	a Linus.	Aqu. 4	) First quart.	6 d
27	b Agricola.	Aqu. 18	the 29. day be-	7 e
28	c Tearme ends.	Pisc. 1	ing Friday, 13	8 f
29	d Fast.	Pisc. 14	minut. past 6	9 g
30	e S. Andrew ap	Pis. 27	at night.	10 a

December hath xxxi. dayes.

1 Day { Sunne riseth at 8. and 19. min. And setteth at 3. and 41. min.			16 Day { Sunne riseth at 8 and 23. min. It setteth at 3. and 37. min.		Gregorian, or New accopt.
1	f	Advent Sund.	Aries 8		11 b
2	g	Libanius	Ari. 20		12 c
3	a	Dep of Dim.	Tau 2		13 d
4	b	Barbara virg	Tau. 14		14 e
5	c	Sabba abbot.	Tau. 26	● Full moone	15 f
6	d	Nicholas bish.	Gem. 8	the 8. day be	16 g
7	e	Concept. Mar	Gem. 20	ing Sunne 40.	17 a
8	f	2 Sun. in Adu.	Can. 2	min before one	18 b
9	g	Cyprian.	Can. 14	in the morn.	19 c
10	a	Eulaly virg.	Can. 26		20 d
11	b	Sol in Capr.	Leo 9		21 e
12	c	Paul bish.	Leo 22	☾ Last quarter	22 f
13	d	Lucy virg.	Vir 5	the 15. day be	23 g
14	e	Januarius.	Vir. 19	ing Sunday,	24 a
15	f	3 Sund. in Adu.	Lib. 3	about 11. be	25 b
16	g	Lazarus.	Lib. 18	fore noone.	26 c
17	a	Ignatius	Sco. 2		27 d
18	b	Ember Fast.	Sco 17		28 e
19	c	Venetia.	Sag 2	● New moon	29 f
20	d	Julian. Fast.	Sag 16	the 22 day be	30 g
21	e	a vomite Apo.	Cap. 30	ing Sunday, 7	31 a
22	f	4. Sun. in Adu.	Cap. 14	min past 4. in	Jan. 1 b
23	g	Victor.	Cap 29	the morning.	2 c
24	a	Fast	Aqu. 12		3 d
25	b	Nat. of Christ.	Aqu. 26		4 e
26	c	S. Stephen.	Pis. 9		5 f
27	d	S. John Evan	Pisc. 21	☽ First quart	6 g
28	e	Innocents.	Arie. 4	the 29. day at	7 a
29	f	Tho. of Cant.	Arie. 16	three quarters	8 b
30	g	Trans. of Sam.	Arie. 28	past one in the	9 c
31	a	Silu. B. Bish.	Tau. 10	afternoone.	10 d

Bell, 1622.

A Prognostication, for the yeare of our LORD GOD, 1622. being the second from Leape-yeare.

Wherein is layde open the state and disposition of this present Yeare.

Composed and set foorth according to Art for the Latitude and Meridian of the pleasant Citie of *Norwich*, by *George Bell*, *Philomusum*.

Imprinted at London, for the *Companie of Stationers*.

The Author to the vulgar ſort, wiſheth continuance of health and increaſe of knowledge.

THe fitteſt doore that I can finde to make entrance into my ſpeech, is that of Horace: *Interdum vulgus rectum videt, eſt vbi peccat*, the common ſort of people do as often chuſe that which is hurtfull, as the contrary; neither is their folly more manifeſted in any one thing then in the vſe or rather abuſe of Phlebotomy, for the greater part of them being quite ignorant how to obſerue a decorum and commendable mediocritie, for euery griping in their belly, or ach in a finger or toe, will preſently (without any warrant from the skilfull Phyſition) runne vnto ſome vnskilfull Barber or country Blood-letter, who rather then that the ſiuer veine of their purſe ſhould not be euacuated, will not doubt to let them blood, though (if his ſmall skill can diue ſo deepe) hee perceiue it will bee with ieoperdie of their liues, and, as too often chanceth, the breathing forth of their laſt ſpirits. But to leaue theſe miſerable wretches, and paſſe to the other extreame, who according to that common ſentence of the Poet, *Duns ſtulti vitant vitia in contraria currunt.* Shunning this Charibdis, wilfully ſuffer ſhipwracke vpon Scylla, chuſing rather to part ſoule and body aſunder, then to part from the chiefe commander of their ſoules delight, I meane their wicked mammon. And that they may ſeeme to colour ouer this their impious couetouſneſſe, they ſpare not to rayle both againſt the profeſſion it ſelfe, and the profeſſors thereof, calling Phyſicke a needleſſe ſtudy, and condemning Phyſitions as vnneceſſary members in the commonweale: for ſay theſe ruſtickes, if a mans

time become all the Phyſitions in the world cannot ſaue his life: which preſumptuous argument of theirs haue cauſed many to lay ſiege againſt their owne ſoules, and violent hands vpon their owne bodies, altogether neglecting that health bringing precept, *Veniente occurrite morbo*, and vtterly abandoning that memorable ſentence, *Sero medicina paratur, cum mala per longas inualuere moras.*

But why haue I vſed theſe reaſons in ſo manifeſt a truth whereas their owne reaſon (except they bee meere ſenſitiues) tels them no leſſe, ſo that they are euen compelled to confeſſe with the Poet. *Arte Machaonia, nil prius orbis habet.* But that I may at length returne from whence I haue digreſſed, and ſpeake ſomething of the ſubiect which I vndertooke to intreate of, namely Phlebotomy, which by reaſon that it may as wel be abuſed, as well vſed, I will ſet downe ſome aduertiſements which may ſerue as an inſtruction vnto the vnskilfull. Firſt, it ought to be obſerued that ſeldome or neuer any may bleed, which are either vnder ſixteene or about ſixtie yeares of age; yet ſome rare examples may be alledged to the contrary. Secondly, thoſe which are contained within the limits of them which may bleed, ought not without great and vrgent cauſes to be let blood; for blood is the chariot of life, and therefore ought not without good diſcretion to be euacuated, for it weakeneth the faculties, and makes way to many and dangerous diſeaſes by exhaling the vitall ſpirits, and conſuming the radicall moyſture and naturall heate. Neuertheleſſe when as the feare of ſome preſent imminent diſeaſe or danger of ſome ſickeneſſe requires it, blood may be let, yet hauing reſpect to the time of the yeare, the age and ſtrength of the party the kind of the diſeaſe, and the heauens influence. Now in theſe diſeaſes Phlebotomy may bee vſed ſafely and often as the beſt remedy, as in that rotten feauer *Synochus* cauſed through putrified blood, and all other continuall feauers whoſe corruption lie hidden in the greater veines, as alſo in theſe particular affects the phrenſie, the pleuriſie

oph-

ophthalmie, ſquinſie, difficulty of breathing obſtructions of the liuer and ſpleene, torment of the ſtone in the kydnyes, and all inflammations and ſwellings named Phlegmonæ cauſed of aduſt and burnt blood, as well in the internall as externall parts, ſpitting and vomiting of blood, in the beginning of the ptiſick the Emrods and too much fluxion of the Matrice and Noſe: for by opening a veine on the oppoſite part the courſe of the humor is diuerted. It may likewiſe bee conueniently vſed in plethoricke bodies, when as the veines ſwell more then vſually, and that there be ſymptomes of aduſtion and inflammation of the blood, a ſhooting paine in the head, extenſion and iactation of the body, and a choaking heate: neither is it to be neglected in theſe Dyſcraſies, the Lethargie, Apoplexie, Imagination of Darkeneſſe, the Falling-euill, fluxion of ſharpe and gnawing humors, and trembling of the heart. But what veine is to bee opened in euery affect, I leaue it to the iudgement of the skilfull, for it is too large a matter to be handled in ſo ſmall a tractate. I likewiſe omit the impediments of blood letting, being partly diſcloſed in that which hath beene before recited. The time fitteſt for Phlebotomy is the ſpring, next the Autume, Summer and winter more vnfitting. In the the Spring and Summer open the veines of the right ſide, in Autume and Winter let bloud on the left. For yong perſons from the change to the firſt quarter; for them of middle yeares, from the firſt quarter to the full; for elder perſons and old folkes, from the full to the change. Haue a care likewiſe that it be done in the morning faſting after good digeſtion and ſome ſmall exerciſe; beware that the Moone be not in the ſigne that ruleth that member, nor the day of the change, nor a day before or after the change, for thoſe dayes are perillous, yet ſometime a lawleſſe neceſſity may require more haſt; ſleepe not within ſixe houres after, vſe meates of good nouriſhment and light digeſtion, drinke ſtrong Wines and Beere, recreate thy ſelfe with honeſt

and merry company: abstaine from violent mooving and exercise which will ouer heate thee: keepe thy selfe from Venus courts sixe dayes after, beware of cold, eate no cold meats after, nor meates made with milke. After seuen daies thou must betake thee to thy wonted course of life. It followes now that I speake of some particular elections according to the Moones course vnder the Zodiacke.

Take blood from the { Sanguine, Cholericke, Melancholy, Phlegmatick } The Moone in { Taur. Virg. Capr. Can. Scorp. Pisces. Gem. Libr. Aquar. Aries. Leo, sagitt.

Purge humours with { Electuaries, Potions, Pils } The Moone being vnder { Cancer. scorpio. Pisces.

Purge by { Neesing, Gargarisms, Vomits, Glisters. } The Moone in { Cancer, Leo, Virgo. Cancer, Aries. Aries, Taurus, scorp Aries, Libra, scorp.

Prepare humours ☾ in Aries, Leo, Sagittarius.

Good to comfort the vertue. { Attractiue, Retentiue, Digestiue, Expulsiue } The Moone in { Aries, Leo, Sagitt. Taurus, Virg. Capr Gem. Lib. Aquar. Cancer. Scor. Pisc.

Enter Baths for { hot diseases & humection, cold diseases & exsiccation, cleanlines } ☾ in { Canc. Scorp. Pisces Aries, Leo, Sagit. Libra, Pisces.

Necessary

Neceſſary obſeruations for *Husbandmen.*

PLant and graft the Moone encreaſing in Taurus, or Aquarius, the winde being South or West.

Set or remoue Plants, roots, &c. from the change to the full.

Prune your vines the Moone increaſing in ♈. ♍. ♑. gather hearbes, fruites and flowers that they may laſt the longer, and haue the greater vertue the Moone being at the full.

Sow ſeeds and ſet hearbs in { moyſt / ground / dry } the Moone { decreaſing / in / increaſing. } { ♈. ♋ ♍. / ♎. ♍. ♐. }

Fell Tymber from Saint Barnab. day in June, vntill the Calends of January, the Moone decreaſing.

Fell fireworke and plaſh hedges the moone increaſing in Aries or Libra.

Geld your cattle in the laſt quarter of the Moone ſhe being in ♈ ♅ ♉.

Clip or ſheare your ſheep the Moone increaſing.

Cut haire to growe { the ſooner & better / è contra } { The Moone } { increaſing. / decreaſing. }

Weane children the Moone being at the full, & vac. cur

Set ſaile the Moone increaſing, being ſwift in courſe, and ſeparating by a trine or ſextile aſpect from ♃. or ♀. with this Prouiſo, that ſhe bee not placed vnder ſome tempeſtuous conſtellation, and ♄ or ♂ be not angular.

Of the Eccliſes. 1622.

Neither of the great lights ſhall be eccliſed or depriued of their wonted beames vnder our Horiſon.

The

The names of all the Colledges & Halls within the vniuersity of Cambridge together with the names of their founders, inlargers, the time when they were builded, so that by substraction it easily appeareth how long they haue beene builded.

		Anno.
First common Schoole	Founded by Sigebert king of the East Angles, viz. of Norff. Suff. &c.	635
Peter House.	Founded by Hugh. Bish. of Ely.	1280
Michael House.	Founded by sir Henry Stanton.	1324
Clare Hall.	It was first called Schollers Hall, & after Vniuersitie Hall, and being consumed by fire was reedified by Elizabeth daughter to Gylbert Clare Earle of Leicester.	1326
Corpus Christi Colledge.	Alias Bennet Colledge, it was founded by Iohn of Gaunt duke of Lancaster.	1344
Pembrooke Hall.	Founded by Marie Vallence a French woman by birth, Countesse of Pembrooke.	1347
Gonvell Hall	It was founded Anno Dom.	1348
Trinitie Hall	Founded by William Bateman.	1354
Kings Hall	Repaired by king Edward 3.	1376
Kings Colledge	Founded by king Henrie 6.	1441
Queenes Colledge	Founded by Margaret wife to king Henrie 6. and finished by Elizabeth wife to king Edward 4.	1448
Katherine Hall	Founded by doctor Woodcocke Patronost of kings colledge in Cambr.	1459

Iesus

Cambridge.

Iesus Colledge	Founded by Iohn Alcocke Bishop of Elie. Anno Dom. 1504
Christs Colledg	Founded by Queen Margaret grandmother to king Henrie 8. She likewise
S. Iohns Colledge	founded Saint Iohns Colledge. 1506
Magdalen Coll.	Founded by the Lord Audley. 1509. And lately enlarged by Sir Christopher Wrey.
Trinity Colledge	Founded by king Henrie 8. for the enlarging whereof Michael house and Kings Hall were added thereunto. An. Dom. 1546
Gonvel and Caius Colledge	Founded first by one Gonvell, and after enlarged by Iohn Caius Doctor in Physicke. 1557 And last last of all enlarged by Doctor Perce of the same Colledge. 1616
Emanuell Coll.	Founded by Walter Myldmay. 1588
Sydney-Sussex Colledge	Founded by Frances Sidney Countesse of Sussex for the erecting whereof she gane 5000. pounds. 1597

The Vniuersitie of Oxford.

Vniuersity Coll.	Founded by Alured king of the Saxons. Anno Dom. 872
Ballioll or Bayly Colledge	Founded by Iohn Ballioll king of the Scots. 1263
Martin Colledge	Founded by Walter Martin Bishop of Rochester. 1276
Exceter Colledge	Founded by Walter Staplin Bishop of Exceter, as also Harts Hall. 1316
Harts Hall.	The said Colledge was enlarged by Sir William Peeter 1566
Oriall Colledge	Founded by Adam Browne. 1323
Queenes Coll.	Founded by Robert Eglishfield. 1349
New Colledge	Founded by William Wickam bishop

of Winchester, Anno Dom. 1375

Lincolne Coll. Founded by Richard Flemming Bishop of Lincolne, and enlarged by Thomas Rotheram Bishop of the same See. 1420

All Soules Coll. Founded by Henrie Chechelsey Archbishop of of Canterbury. 1437

Magdalen Coll. and Hall. Founded by William Wainflet Bish. of Wincheſter, also he founded Magdalen Hall. 1456

Brazen-Nose Colledge Founded by William Smith Bishop of Lincolne, and lately augmented by Alexander Nowell Deane of Pauls in London. 1513

Corpus Christi Colledge Founded by Richard Foxe Bishop of Wincheſter. 1516

Christs Church Founded by Thomas Volsey Archbishop of Yorke and Cardinal, and after enriched with lands by king Henrie 8. 1526

S. Iohns Coll. Founded by Sir Thomas White late Maior & Alderman of London. 1557

Trinity Colledg Founded by Sir Thomas Pope. 1566

Iesus Colledge Founded by Hugh Price Doctor of the Lawes.

Hals in Oxeford.

Gloſter Hall.
Broadgate Hall.
S. Marie Hall.
Albany Hall.
White Hall.
New Inne.
Edmund Hall.
Harts Hall.
Magdalen Hall.

Of

Of the Biſhoprickes of *England.*

There are 26. Biſhoprickes in England, whereof 22. are vnder the Archbiſhop of Canterbury who is Metropolitane and Primate of all England. And the other 4. are vnder the Archbiſhop of Yorke.

In the Prouince of Canterbury are 22.

1 Canterbury	Haue together all Kent vnder them.
2. Rocheſter	
3 London	Hath Eſſex, Middleſex, and a part of Hartfordſhire.
4 Chicheſter	Hath Suſſex.
5 Wincheſter	Hath Hampſhire, Surrey, and the Ile of Wight.
6 Salisbury	Hath Wiltſhire and Barkſhire.
7 Exceter.	Hath Deuonſhire and Cornwall.
8 Bath and Wels	Hath Somerſetſhire.
9 Gloſter	Hath Gloſterſhire.
10 Worceſter	Hath Worceſterſhire and a part of Warwickſhire.
11 Hereford.	Hath Herefordſhire and a part of Shropſhire.
12 Lichfield & Couentry	Hath Staffordſhire, Darbyſhire and the reſt of Warwickſhire, with ſome part of Shropſhire.
13 Lincolne	Hath Lincolneſhire, Leiceſterſhire Huntingtonſhire, Bedfordſhire, Buckinghamſhire and the reſt of Hartfordſhire.
14 Elye.	Hath Cambridgeſhire and the Ile of Elye.

Norwich

15 Norwich	Hath Norfolke and Suffolke.
16 Oxeford	Hath Oxfordshire.
17 Peterborough	Hath Northamptonshire and Rutlandshire.
18 Bristow	Hath Dorcetshire.
	In Wales.
19 S. Dauids	Hath 331. Parishes.
20. Landaffe.	Hath Parishes 165.
21 Bangor	Hath Parishes 96.
22 S. Asaph	Hath Parishes 128.

In the Prouince of Yorke are 4.

The Diocesse of	
1 Yorke	Hath Yorkeshire and Nottinghamshire.
2 Westchester	Hath Cheshire, Richmondshire and a part of Flintshire, and Denbighshire in Wales.
3 Durisme	Hath the Bishoprieke of Durisme, and Northumberland.
4 Carlile.	Hath Cumberland & Westmerland.

A yeare containeth

According to the course of the Sunne (vnder the 12 signes in the Zodiacke) 12 moneths: But according to the Moones circumuolution 13 moneths. 52 weekes 365 dayes and about 6 houres, which odde houres in 4 yeares are 24. which make a day, whereupon in leape yeare there are 366 dayes.

The vse of these Tables is explained

Months.	Dayes.	Breake of the day.	Sunne rising.	Length of the day.	Length of the night.	Sunne setting	Twylight	Dayes.	Months.
		h.m.	h.m	h.m.	h.m.	h.m.	h.m.		
March.		10 4 0	6 0	12 0	12 0	6 0	8 0	13	September.
		13 3 57	5 47	12 17	11 48	6 6	8 5	10	
		16 3 54	5 48	12 28	11 36	6 12	8 10	7	
		19 3 40	5 42	12 36	11 24	6 18	8 15	4	
		23 3 30	5 36	12 48	11 12	6 24	8 20	1	
		26 3 21	5 31	12 58	11 2	6 29	8 28	29	
		29 3 18	5 25	13 10	10 50	6 35	8 36	26	
		1 3 5	5 19	13 21	10 38	6 41	8 44	23	
		4 2 29	5 13	13 36	10 20	6 47	8 52	20	
		7 2 50	5 7	13 44	10 14	6 53	9 2	17	
		10 2 40	5 2	13 56	10 4	6 58	9 12	14	
		13 2 20	4 56	14 4	9 52	7 4	9 20	10	
		16 2 15	4 51	14 18	9 42	7 9	9 30	7	
		19 2 10	4 45	14 13	9 30	7 15	9 40	4	
April.		22 1 0	4 40	14 44	9 20	7 20	9 50	1	August.
		26 1 50	4 35	14 50	9 10	7 25	9 59	29	
		29 1 4	4 30	15 0	9 0	7 30	10 10	26	
		2 1 30	4 25	15 10	8 50	7 35	10 20	23	
		5 1 10	4 21	15 18	8 42	7 39	10 30	20	
		8 0 50	4 16	15 28	8 32	7 44	10 50	16	
		11 0 40	4 12	15 36	8 24	7 48	10 10	13	
		14	4 8	15 44	8 10	7 52	11 30	10	
		18	4 4	15 52	8 8	7 56		7	
		21	4 1	15 58	8 2	7 59		4	
		24	3 58	16 4	7 56	8 2		1	
May.		27	3 56	16 8	7 52	8 4		28	July
		30	3 54	16 12	7 48	8 6		24	
		2	3 52	16 16	7 44	8 8		21	
		5	3 51	16 18	7 42	8 9		18	
		9	3 50	16 20	7 40	8 10		15	
		12	3 50	16 20	7 40	8 10		12	
June.		Continuall Day.					Continuall Day.		June.

in the Page following.

Months.	Dayes.	Breake of the day.	sunne rising.	Length of the day	Length of the night.	sunne setting	Twylight	Dayes	Months.
		h.m.	h.m	h.m.	h.m.	h.m.	h.m.		
September	13	4 0	6 0	12 0	12 0	6 0	8 0	10	March.
	16	4 7	6 6	11 48	12 12	5 54	7 53	7	
	19	4 13	6 12	11 36	12 24	5 48	7 47	4	
	22	4 20	6 18	11 24	12 36	5 42	7 40	1	
	25	4 26	6 24	11 12	12 48	5 37	7 30	26	
	28	4 40	6 29	11 2	12 58	5 31	7 20	23	
October.	2	4 50	6 35	10 50	13 10	5 25	7 7	20	February.
	5	4 53	6 41	10 38	13 22	5 19	7 4	17	
	8	4 56	6 47	10 26	13 36	5 13	7 2	14	
	11	5 0	6 53	10 14	13 44	5 7	7 0	11	
	14	5 5	6 58	10 4	13 56	5 6	6 55	8	
	17	5 10	6 4	9 52	14 8	4 56	6 50	5	
	19	5 15	7 9	9 42	14 18	4 51	6 45	2	
	22	5 20	7 15	9 30	14 30	4 45	6 40	30	
	25	5 25	7 20	9 20	14 40	4 40	6 35	27	
	28	5 30	7 25	9 10	14 50	4 35	6 30	24	
November.	30	5 35	7 30	9 0	15 0	4 30	6 25	21	January.
	3	5 38	7 35	8 50	15 10	4 25	6 18	18	
	6	5 40	7 39	8 42	15 18	4 21	6 20	16	
	9	5 42	7 44	8 32	15 28	4 16	6 18	13	
	12	5 44	7 48	8 24	15 36	4 12	6 15	10	
	15	5 47	7 52	8 16	15 44	4 8	6 13	7	
	18	5 50	7 56	8 8	15 52	4 4	6 10	4	
	21	5 54	7 59	8 2	15 58	4 1	6 6	1	
December.	24	5 55	8 2	7 56	16 4	3 58	6 5	29	December.
	27	5 56	8 4	7 52	16 8	3 56	6 4	26	
	30	5 57	8 6	7 48	16 12	3 54	6 3	23	
	3	5 58	8 8	7 44	16 16	3 52	6 2	25	
	5	5 59	8 9	7 41	16 19	3 51	6 1	17	
	9	6 0	8 10	7 40	16 20	3 50	6 0	14	
	12	6 0	8 10	7 40	16 20	3 50	6 0	11	

The vſe of the foreſaid Tables.

THat I may omit nothing (in this my Enchiridion) which may eyther pleaſe, or pleaſure the buyer, I thought it conuenient to ſet downe theſe precedent Tables, which doe perfectly ſhew the breake of the day, Sunriſing, length of the day, and night artificiall, as alſo the ſetting of the ſunne, and Twylight for the whole yeare, where the Eleuation of the Pole is 52. degrees or thereabout, ſo that theſe Tables may ſerue meerly well for all England.

The vſe is thus.

WHen you deſire to know any thing herein contained, as the houre of the ſun-riſing, length of the dayes, &c. Find out that day or the neereſt that you can find vnder the title of the dayes, agreeing likewiſe with the moneth, and that either aſcending or deſcending; if it bee aſcending then looke right ouer againſt the day towards the left hand, and you ſhall ſee your deſire, but if it be deſcending then looke contrariwiſe in the line ouer againſt your day towards the right hand, and your demand is effected.

Example.

VPon the 12. day of May I deſire to know at what houre the ſunne riſeth, alſo the length of the day, &c. I enter the Table and vnder the Title of moneths I finde out May, then looke I for the 12. day thereof, which I cannot finde there, ſo I take the neareſt that I can finde there which is 11. now becauſe this moneth is deſcending, I looke in the line right ouer againſt 11. towards the right hand, and there I finde vnder their ſeuerall titles, Breake of the day 40 minutes after midnight. Sun riſing at 4. of the cloek and 12. minutes after. Length of the day 15. houres 36. minutes. Length of the night 8 houres and 24. minuts and ſo of the reſt.

Of

A Prognostication.

Of the 4 quarters of the yeare.

1622.

Of Winter.

ACcording to our ancient custome and account vsed here in England, Winter is taken for the first quarter of the yeare, which tooke his beginning vpon the 12. day of December last, about 4 of the clocke in the morning, at which time the Sunne entred vnder the first scruple of the earthy and melancholicke signe Capricornus, which is the Brumall Solstice, for then is the Sunne farthest declined South from our Zenith or verticall point, causing then with vs the shortest day and longest night. The disposition of this quarter is like vnto flegmaticke old age, cold and moyst. The diseases following this times temperature are like to bee laxes, dropsies, gouts, catarhs, difficulties of breathing quinsies, Apoplexies, pain in the sides and breast, bleare eyes, drowsinesse, tooth ach, and paine of the head caused by cold, palsies, cromps, cold agues, and such like. Therfore to prevent these diseases, let your diet be such as is of nature hot and dry, rost meates are more conuenient then sodden, and flesh better then fish, hearbes be bad, especially raw, also fruits except quinces rosted or baked. Let your drinke be strong Beere & wines, spiced cups, &c. except you be of a cholericke and hot complexion and troubled with the stone & Oppilations. This quarter ends vpon the 11 of March.

Of the Spring.

THis quarter begins vpon the 11. day of March about a quarter of an houre past 7. in the morning, when as the Sunne enters into the first degree of Aries which is the Vernall Equinoctiall, for then the day and night are of equall proportion. The temperature of this season is naturally moderate, hot, and moyst, re-

sembling

semblinge the sanguine complexion. Sickenesses which are likely to accompany this part of the yeare, are Apostumes caused by corrupt blood, phrensies, pleurisies, inflammation and soreenesse of the eyes, scabs, small pockes measels, boyles, tetters, ringwormes, the bloody fluxe, winde collicke, inflammation of the reines, and strange kindes of agues. Concerninge your dyet, vse meates that be of a moderate temperature, yet in lesse quantity then in winter, but drinke somewhat more. This quarter ends vpon the 12 day of Iune.

Of Summer.

VPon the 12. day of Iune being Wednesday about 3. in the morning, the Sunne being exhaled to the highest pitch of his Northerly motion, is entertained vnder the first scruple of Cancer, which is the Aestiuall Solstice or beginning of Summer, causing the longest day and shortest night to vs. It is for the most part hot and dry like the chollericke complexion of a man. The Maladies which according to the reason threaten our faint bodies are burning feauers, putride canlons, hecticke and consuming agues, tertian agues, pleurisies, spitting and vomiting of blood, sore mouthes, idle talke, lacke of sleep, inflammation of the lungs and inward parts, disenteries, red swelling tumors in many parts of the body, yellow iaundise, and many more such like hot and sharpe diseases. Vse meates that be cold and moyst, as sallads of cold herbs, small wines and penny ale, and boyled meates, for most of the forerecited diseases are caused by adustion of humours and aboundance of choller. The inward heate is now feeble, therefore eate often and but little at once, long fasting dryeth the body, breedeth melancholy, and dimmes the sight. This quarter ends in September 13.

Of Autumne or Harueſt.

THe Autumne or leafefall (which according to common sense begins in August) according to Mathe-

matic all demonstrations, takes his beginning vpon the 13. day of September, about halfe an houre past 2. in the afternoone, which is the Autumnall Equinoctiall, the Sunne passing vnder the first degree of Libra. This season answereth to the cold and dry earthy constitution of a melancholy complexion, being quite contrary to the spring. The dangers of this inconstant variable season, threatning the health and welfare of mankind, are these and such like oppilations of the liuer, splene, reines, and bladder, hardnes in the bowels, consuming diseases, the ptisicke, feauer, quartane, paine in the ioynts, teeth and throate, giddines in the head, and many melancholicke accidents that are sharpe and tedious, &c. Let thy diet be of nature hot and moyst, shun leachery, prohibit fluxes and distillations. This quarter ends vpon the 12. of December.

A particular prediction of the daily disposition of the weather, and the Places of the Planets.

Ianuary.

Day	♄	♋	☿	♊	♂	♐	☉	♍	♀	♐	☿	♍	☊	♏
1	16	59	16	58	10	58	20	42	3	17	2	31	25	3
10	16	13	16	17	17	46	29	51	13	46	5	31	24	34
20	15	26	15	29	25	18	10	♒ 0	25	9	16	13	24	3

New Moone the first day a little past fiue at night, the 2. and 3. frost and snow, the 4. 5. 6. 7. stormy cold weather with snow and some blasts. First quarter the 9. day a little before 6. at night. the 10. 11. 12. somewhat more milder weather, the 13. 14. 15. 16. cold and windy. Full Moone the 17. day about 7. in the morn. and the 18. cloudy and wauering, the 19. 20. 21. windes with some myst and. Last quarter the 22. day about 10. at night

night: the 23, 24, 25, 26, warmer and more temperate weather: 27, 28, 29, cold winds and cloudy: the 30 moyst New Moone the 31 day halfe an houre before 10 in the forenoone: windy.

February.

Day	♄	♋	♃	♊	♂	♈	☉	♒	♀	♈	☿	♒	♌	♍
1	14	35	15	38	4	17	22	9	8	19	4	48	23	25
16	14	5	15	50	10	56	1♓	15	17	45	20	47	22	56
20	13	45	16	19	18	18	11	15	27	39	9♓	27	22	24

The first and second temperate weather, the 3 and 4 and 5 cloudy, wauering, the 6 and 7 windy & wet. First quarter the 8 day halfe an houre before 2 in the afternoone: 9, 10 moderately warme and temperate: the 11 12 cold and moyst: the 13, 14, 15 tempestuous winds & wet. Full Moone the 15 day a quarter of an houre before 5 in the afternoone: the 16 more temperate: the 17 18, cold and wet, the 19, 20, 21. cloudy and wauering. Last quarter the 22, halfe an houre before 8 in the forenoone: the 23, 24, 25, stormy winds, the 26, 27, 28, fayre and warme weather.

March.

Day	♄	♋	♃	♊	♂	♈	☉	♓	♀	♉	☿	♓	♌	♍
1	13	34	17	1	24	25	20	15	5	50	26	6	21	55
10	13	32	17	56	1♉	23	29	22	13	3	12♈	4	21	27
20	13	41	19	11	8	34	9♈	5	19	31	27	30	20	55

The first day faire. New Moone the second day, halfe an houre before foure in the morning: the 3 cold and windy, the 3 and 4 cloudy but somewhat warmer: the 5, 6, 7, 8, and 9, temperately warme and faire. First quarter the 10 day halfe an houre after 6 in the forenoone: 11 and 12 cold and snowlike with some winds, the 13, 14, 15, somewhat warmer weather, but inclining to moysture. Full Moone the 17 day about 2 in the morning:

18,19,20,cold,windy and moyst: the 21 22, more temperate. Last quarter the 23 day a quarter of an houre before 8 at night, 24,25,26,27,28, cold stormy weather, the 29,30 not much vnlike. New Moone 31 day about 9 at night, cold.

Aprill.

Day	♄	♋	♃	♊	♂	♉	☉	♈	♀	♉	☿	♉	☊	♏
1	14	16	20	58	17	6	20	53	24 R	2	9 R	0	20	17
10	14	37	22	29	23	26	29	41	24	10	8 ♉	12	19	49
20	15	20	24	20	0 ♊	24	9 ♉	24	20	40	29	16	19	17

The first and second cloudy and windy, the 3 4, and 5 pleasant weather, the 6 & 7 cloudy with some moysture. First quarter the 8 day about 7 at night, 9, 10, 11, 12, and 13, some Aprill showres, the 14, windy. Full Moone the 15 day about a quarter of an houre before 11 in the forenoone: and 16 winds, the 17, 18, inclined to moysture, the 19, 20, ouercast and cloudy, the 21 very hot weather and likely to be flashes of lightning. Last quarter the 22 day halfe an houre after 9 in the forenoone: 23, 24, 25, warme Aprill showres, 26, 27, 28. 29, raine with some winds. New Moone the 30 day a quarter of an houre past 1. in the afternoone, cloudy and ouercast.

May.

Day	♄	♋	♃	♊	♂	♊	☉	♉	♀	♉	☿	♈	☊	♐
1	16	16	26	30	8	0	20	3	14	1	26	44	18	42
10	17	4	28	22	14	10	28	44	9	34	4 ♉	9	18	13
20	18	14	0 ♋	32	20	58	8 ♊	20	8	1	18	14	17	41

The first and second dayes warme, the 3 & 4 not much vnlike the 5, 6, and 7, wauering and disposed to moisture. First quarter the 8 day halfe an houre before 4 in the morning, 9, 10, 11, very warme weather, the 12, 13, winterly stormes. Full Moone the 14 day about 7 at night not much dissenting, the 15, 16, hot dry dayes, the 17, 18, 19, 20, 21, some wet and wind. Last quarter the 22 day about halfe an houre after 1 in the morning, temperate

weathe

weather, as also the 23, and 24, dayes: the 25, 26, 27, and 28, wauering: new Moone the 30, day at 1 in the afternoone, and 31 very hot dayes.

Iune.

Day	♄	♋	♃	♊	♂	♊	☉		♊	♀	☿	☿		♊	☊	♏
1	19	39	3	13	29	4	19		50	10	58	9		0	17	3
10	20	47	5	15	5	♋ 9	28	♋	16	15	52	25		49	16	34
20	22	5	7	30	11	43	7		59	23	3	14	♋	52	16	3

The first and second wauering, the 3, 4. 5. hot and faire First quarter the 6 day a quarter of an houre before 11, in the forenoone, not much vnlike the: 7, 8. wauering: the 9, 10, 11: parching heate, and some thunder claps, the 12 windy. Full Moone the 13 day a quarter of an houre after 3 in the morning: and 14 windy and wauering. the 15, 16, 17, 18 blustring weather with some thunder claps. the 19, 20. not much vnlike. Last quarter the 21, day about halfe an houre past 3, in the morning, 22, 23, wauering and some winde: the 24, 25, stormy winds, the 26, 27, milder weather. New Moone the 28, day halfe an houre after 3. in the afternoone, 29, 30, rainelike.

Iuly.

Day	♄	♋	♃	♋	♂		♋	☉		♋	♀	♊	☿	♋	☊	♏
1	23	33	9	58	18		58	18		30	2	31	5	14	15	28
10	24	46	12	0	24	♌	52	27	♌	6	11	5	20	30	14	59
20	26	7	14	13	1		22	6		40	21	13	4	♍ 7	14	27

The 1, 2, 3, and 4, weltring hot daies. First quarter the 5, day about 3, in the afternoone, and 6, wauering and rainelike, the 7, 8, 9, 10, and 11. tempests, as haile and thunder, or lightning threatned. Ful Moone the 12 day a quarter of an houre before 2, in the afternoone, 13. 14. showres, the 15, 16, 17, 18, 19. fit weather for hay. Last quarter the 20 day about eleuen in the forenoone. 21, 22, wauering, the 23, 24, 25, faire, the 26, and 27, wet. New

Moone the 28 about 2, in the afternoone, the 29, 30, 31, some drops and winde.

August.

Day	♄	♋	♃	♋	♂	♌	☉	♌	♀	♋	☿	♍	♌	♏
1	27	43	16	47	9	9	18	11	4	1	10 R	33	13	49
10	28	50	18	37	14	55	26 ♍	51	13	57	4 ♌	34	13	21
20	29	55	20	32	21	10	6	30	25	17	26	12	12	49

The 1 and 2 wauering. First, quarter the 3 day a quarter of an houre before 8 in the euening, 4, 5, 6, 7. faire, the 8, 9, 10. cloudy and ouercast. Full moone the 11 day about 2 in the morning. 12. 13. 14. some gales of winde the 15, 16, 17, 18, pleasant haruest weather. Last quarter the 19 day a little after 4 in the morning, 20, 21, 22. not much vnlike the 23, 24, 25, some stormy showres. New moone the 26. day a little before noone. 27, 28. better haruest weather, the 29. 30. 31, some winds and wet.

September.

Day	♄	♌	♃	♋	♂	♌	☉	♍	♀	♌	☿	♍	♌	♏
1	1	23	22	39	28	57	18	10	9	13	0	27	12	11
10	2	17	24	5	4 ♍	38	26	57	16	50	11	14	11	42
20	3	8	25	29	10	56	6 ♎	45	0 ♍	36	26	43	11	10

The 1 day faire. First quarter the 2 day a quarter of an houre after 2 in the morning, 3 and 4 not much vnlike the 5 and 6. some fall of wet: the 7 and 8 windy. Full moone the 9 day about halfe an houre past 4 in the afternoone. 10, 11, for the most part faire, the 12, 13, 14. inclining to moysture, the 15, 16, some winds. Last quarter the 17. day a quarter of an houre before 9, at night. 18. 19, temperate weather, the 20. and 21. disposed to moysture, the 22, 23. windy. New moone the 24 day a quarter of an houre before 9 at night, and 26, wauering, the 27, 28, 29, inclining to moysture, the 30 windy.

October

October.

Day	♄	☊	♅	☉	☽	♍	☉	♎	♀	♍	♐	☊	♍
1	3	55	26	46	17	50	17		36	15	7	15	34	10	35
10	4	24	27	32	23	26	26	♍	32	26	♎	61	♍	19	10	7
20	4	48	28	14	29	40	6		31	18	26	18	20	9	35

First quarter the 1 day a little before high noone, faire the 2 and 3 cloudy and ouercast the 4 winds, the 5 and 6 raine, the 7 and 8 winds. Full moone the 9 day a quarter of an houre before 10 in the forenoone, and 10 windy and wauering, the 11, 12, 13, blustring winds with some wet, the 14, 15, 16, more calmer dayes. Last quarter the 17 day at high noone 18, 19, 20, cold blustering and winterly weather, the 21, 22, 23, somewhat milder aire. New moone the 24 day about 6 at night and 25 cold blasts, the 26, 27, 28, 29, 30, wauering and some drops. First quarter the 31 day a quarter of an houre past 1 in the after noone, cold and wet.

November.

Day	♄	☊	♅	☉	☽	♎	☉	♍	♀	♎	♑	♄	♍
1	5	R 1	28		37	7	5	18	33	23	19	6	51	8	56
10	5	0	28	R	36	12	36	26	♐	37	4	♍	32	17	57	8	23
20	4	51	28		19	18	42	6		43	17		3	25	5	7	56

The 1, 2, and 3, wauering and ouercast, the 4, and 5, faire, the 6 and 7, cloudy and ouercast. Full moone the 8 day about foure in the morning, the 9, and 10, cold, moyst and windy, 11, 12, 13, somewhat milder weather, the 14 and 15, enclined to moysture. Last quarter the 16, day a quarter of an houre before one in the morning, the 17, 18, cloudy and cold, the 19, more temperate weather 20, 21, 22, disposed to raine. New moone the 23 day a quarter of an houre past 6. at nighe 24, 25, some blasts the 26, 27, 28, vnconstant and wauering weather. Fi First quarter

the

the 29, a quarter of an houre past 6, at night, and 30, lowd winds.

December.

Day	♄	☊	♃	♋	♂	♎	☉	♐	♀	♐	☿	♐	☊	♏
1	4	24	27	39	25	22	18	53	0	54	23	R 41	7	21
10	3	54	26	50	0 ♏	49	28	♑ 3	12	14	18	20	6	53
20	3	16	25	45	6	40	8	31	24	50	17	55	6	21

The 1, and 2, for the most part faire, the 3, 4, and 5, winds and wet, the 6, & 7, more temporate. Full moone the 8 day about halfe an houre before 1 in the morning, and 9, some fall of wet, the 10 temperate weather. the 11 12, 13, 14, wauering, and windy. Last quarter the 15 day about 11 in the forenoone, 16 wet and windy, the 17, more temperate, the 18, 19, 20, cloudy and some wet, the 21, fairer. New moone the 22 day a little past 4 in the morning, and 23 pleasant warme dayes, the 24, 25, 26, cloudy and wauering, the 27, 28. 29, some winds, but for the most part fayre and warme. First quarter the 29 day a quarter of an houre before 2 in the afternoone, the 30, and 31 cloudy and disposed to moysture.

FINIS.